

## LINES OF ACTION IN RECOVERING VICTIMS OF DOMESTIC VIOLENCE AND HUMAN TRAFFICKING:

1. Prevention and research activities
2. Collaboration and networking activities, with other networks and organisations
3. Assisting victims of human trafficking and of domestic violence
4. Infrastructure and investing in increasing organisational capacity



### 1. PREVENTION AND RESEARCH ACTIVITIES

1. **Awareness campaign** with five high schools from Roman city, with the purpose of raising awareness on domestic violence and addressing myths regarding violence in relationships

**Opportunity:** teenagers develop, at this age, a deeper understanding of risks and consequences of their own behaviours and they learn to balance their own interests with the ones of their colleagues and members of their families. The studies show that at least 25% of teenage girls have gone through abuse in relationship, while 6.2% of the boys aged between 16 and 19 have experimented a form of family abuse.

2. **Social investigation study**, developed with a sample of 318 teenagers, with ages between 14-21 years, in different cities of the country

**Purpose:** evaluating youth opinions regarding necessary attitudes and behaviours in situations of violence

**Conclusions:** the need to equip youth with a correct understanding of what violence and healthy relationships mean, preventing domestic violence, violence in the couple, violence in schools, emotional violence, gender equality, increasing the capacity of youth to access information, counselling and support, when needed.

## 2. COLLABORATION AND NETWORKING WITH OTHER NETWORKS AND ORGANIZATIONS

- 1. Cooperation with organisations from Romania and abroad** (Solwodi-Germany and Kobra) for repatriation, supporting and assistance in the recovery and reintegration of 4 victims
- 2. Intensifying the collaboration with RENATE** (Religious in Europe Networking against Trafficking and Exploitation) through adherence to the three years Action Plan, based on four pillars:
  - Raising awareness on human trafficking
  - Networking
  - Advocacy
  - Research
- 3. Collaboration with the National Agency for Employment**, on increasing the employability of victims of human trafficking who have benefited from reintegration programmes
- 4. Close collaboration with NGOs with a similar mission**, with the purpose to exchange best practices, reciprocal assistance for supporting various cases of human trafficking and violence and implementing socialisation activities with victims from different centres

## 3. ASSISTING VICTIMS OF HUMAN TRAFFICKING AND OF DOMESTIC VIOLENCE (SERVICES)

### A. Characteristics of the beneficiaries:

The beneficiaries are women and girls who have suffered from different forms of human trafficking and/or domestic violence, together with their children.

Category	Cases in December 2011	New cases January-December 2012	Total number of cases in the programme January-December 2012
Victims of human trafficking	1	6	7
Potential victims of human trafficking	0	2	2
Victims of violence and abuse	10	13	23
Children, accompanied by their mothers	6	14	20
<b>Total</b>	<b>17</b>	<b>35</b>	<b>52</b>

- In the cases of domestic violence, 7 children from the programme are orphans who have lived in orphanages; 3 cases are coming from families of divorced parents and only 3 cases come from normal families;
- In the cases of human trafficking, 1 victim comes from a normal family, while the others come from families where at least one parent has alcohol problems; 1 victim experienced trafficking at only 14 years old, while the second experience left her with serious psychological and health problems.

### **B. General services:**

- Advocacy, individually and together with other agencies, in the interest of the beneficiary;
- Individual, case management, safety management, emergency transport;
- Certified, confidential, assistance, in the shelter as well as outside it;
- Guiding mothers and training parental competencies;
- Developing sustainable plans for accommodation and assuring self-living costs, after leaving from the recovery centre;
- Offering clothing, food, hygiene products;
- Any kind of assistance, necessary to assure safety, stability and harmony for women and families in situations of emergency.

### **C. Services offered in the recovery centre:**

- Psycho-social counselling of beneficiaries
  - The assistance of all cases by a multi-disciplinary team (case manager, psychologist, doctor, lawyer);
  - A reintegration package, individual and holistic, offered to beneficiaries, over their reintegration process;
  - Facilitating individual assistance sessions as well as group sessions, over the process (1 group sessions/month, 1 individual sessions/week).
- Children programme
  - Individualised interventions and group-support, by age, that support children in opening themselves regarding their previous exposure to domestic violence;
  - Non-structured recreational, educational and therapeutical activities;
  - Providing information and counselling for mothers, on learning about the impact of the aggressor's behaviour over raising and educating children;
  - Assisting children in the healing and acceptance over their previous exposure to domestic violence;
  - Learning discipline and introducing limits, as a healthy aspect of raising children in order to teach healthy values and principles.
- Politics and procedures continuously updated, according to the needs of beneficiaries
  - Focus on values: empowerment, safety, trust, confidentiality;
  - Intensive management of case studies, holistic support services, increasing the diversity of support groups;
  - Developing relationships with other communities who offer similar services;
  - Learning from best practices that lead to improving the capacity of case advocacy.

- Creating premises to hire the beneficiaries, at their exit from the shelter
  - 1 out of 3 women from Romania is or will be a victim of domestic violence. If these women are not economically independent, is it highly improbable for them to leave from an abusive situation;
  - Activities generating incomes for beneficiaries;  
Example: art therapy programme with the purpose of gaining life skills through manufacturing jewellery and selling it.
  - Out of 13 victims of trafficking assisted by Solwodi, only 2 could not be hired due to the lack of a minimum level of studies. However, these women are doing cleaning activities in private houses, for small amounts of money.

#### 4. INFRASTRUCTURE AND INVESTITIONS TO INCREASE THE ORGANIZATIONAL CAPACITY

##### **Infrastructure in the shelter:**

- 4 bedrooms with bathrooms
- Living room, kitchen, dining room, children playing room, stores

##### **New acquisitions:**

- Buying a new car with the support of Renovabis and of a private donor, with the purpose to transport beneficiaries and their children, in a safe manner, to reach the rural areas with vulnerable groups, to do the necessary shopping and to support women moving out from the shelter

##### **Emergency funds of the beneficiaries:**

- additional resources for their most urgent needs (transportation, pills, clothing)

##### **Investing in Solwodi personnel:**

Improving the competencies and motivation of Solwodi team by sending them to training programmes

- Project manager (2 employees)
- Social media and human trafficking (2 employees)
- The social teaching of the church (1 employee)